

What **motivates** you? Worksheet 1

STUDENT A Read the text about a kind of motivation and learners.

Intrinsic motivation

Intrinsic motivation is motivation that comes from inside the learner himself or herself. He or she may be motivated to learn something for the pure enjoyment of learning, for example people who are motivated to learn a language because they love the language and the experience of learning it.

Now talk with other people in your group:

- 1) explain the kind of motivation you read about in your own words
- 2) think of another example of people with this kind of motivation
- 3) if you can, think of a time when YOU had this kind of motivation

STUDENT B Read the text about a kind of motivation and learners.

Extrinsic motivation

Extrinsic motivation comes from an outside source to motivate the learner. This could be some kind of reward or a punishment. For example, people might be motivated to learn a language because they want good results in an exam, or because they will lose their job if they don't.

Now talk with other people in your group:

- 1) explain the kind of motivation you read about in your own words
- 2) think of another example of people with this kind of motivation
- 3) if you can, think of a time when YOU had this kind of motivation

STUDENT C Read the text about a kind of motivation and learners.

Integrative motivation

Integrative motivation is the motivation to integrate or identify with a target community. If people are learning a language and has integrative motivation it is because they want to be a part of that community. If a person is learning English to go and live in an English-speaking country then he or she may have integrative motivation.

Now talk with other people in your group:

- 4) explain the kind of motivation you read about in your own words
- 5) think of another example of people with this kind of motivation
- 3) if you can, think of a time when YOU had this kind of motivation

What **motivates** you? Worksheet 2

In groups, answer the questions below. Prepare to report back to the whole class. •

Can you think of a time when you were very motivated to learn something (not language)?

When was it?

What kind of motivation did you have? •

Do you think one kind of motivation is better than another?

Which one? •

Think of other language classes you have had. What activities did you do that were motivating? Make a list. •

What kind of classroom activities do you find DEmotivating (i.e. that do not motivate you). Make a list.

| | Intrinsic motivation | Integrative motivation | Extrinsic motivation: reward | Extrinsic motivation: punishment |
|-------------------------|----------------------|------------------------|------------------------------|----------------------------------|
| Ice-skating | | | | |
| Reading | | | | |
| Cooking | | | | |
| Latin | | | | |
| Accounting | | | | |
| Driving | | | | |
| Difficult computer game | | | | |
| Piano | | | | |
| English | | | | |
| Knitting | | | | |